

International Exchange Sports Day!!

Let's enjoy international exchange through sports and refresh
ourselves in body and mind 🎵

Adults and children are all welcome! 🏠



【Date & Time】 Sunday, 9th December 2018
13:30-16:30

(check-in time 13:30 / We'll do the event even if it rains.)

【Meeting place】 Sun Life (Address: 6-7-1 Wakasato, Nagano city)

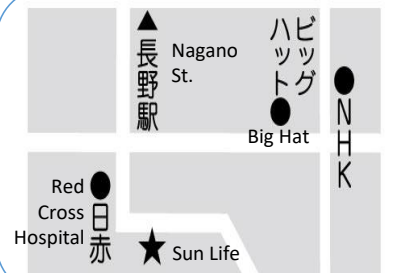
By bus: Take Kawanakajima Bus from
Nagano station bound for Nisseki

(Red Cross hospital).

Get off at Nisseki (Red Cross hospital) stop.

2 min walk from the bus stop.

By car: 5min drive from JR Nagano station west exit.



【Things to bring】 Towel, drink, indoor sports shoes

【Capacity】 40 persons

【Participation fee】 500yen (Free for under 18 yrs. old)

【Application deadline】 Friday, 30th November.



* Program *

13:00 ~ Check in

13:30 ~ Opening ceremony

13:45 ~ Ice-breaking

14:30 ~ Start playing sports and games
(We will play some fun games
such as bread carrying race so
that everybody can enjoy.)

16:15 ~ Closing ceremony

16:30 End of the event

Organizer: "Nagano Association for
former members of JOCV"

Application:

http://nagano-jocv.com/?page_id=1637

Please access the above
website or use QRcode
to access and fill out the
application form.

